

Do u remember the old life? Complaining about school, the noisy people that surrounded us the whole day long, the overloaded busses and underground trains, people that ran to work. No one had time for anything. No time to talk, to read, to draw, to write, to listen, to be there for each other. Now, we have been living in a state called „quarantine“ for about a week and we will continue to do so for a whole month...

We are forced to stay at home and do the things that we hadn't have time for in a long while. I mean, we should. Most of us are complaining about the situation and forget, that this is the time to meet our family members again, to play Monopoly like in the past and to follow our own interests. We miss, what we couldn't value in our normal life. We miss the times, when we rushed from one appointment to the other, now we have to deal with ourselves and I know that this can be hard.

But this crisis shows us, that we need to work together as neighbours in this world. Maybe the slowdown of this entire world, is what we needed.

We should show respect towards the risk that is posed to our society and stay home.

We should value what we have and start to grow as a social and supportive society.

And we should reflect our own lives and look for the positive aspects that we might take out of this situation.

This can be more than a crisis, this virus could be a life lesson, if we let it teach us.